

# Network Catch-O-Matic

How many people are you meeting? Are you leaving a lasting impression? Use this form to track how you're doing!

MEMO  START DATE  END DATE

INTERACTION	# PEOPLE	10	20	30	40	50		
I SAW THIS MANY PEOPLE!	00000	00000	00000	00000	00000	00000	<input type="text"/>	
...WAS SEEN BY or PRESENTED TO...	00000	00000	00000	00000	00000	00000	<input type="text"/>	SEEN x 1
...TALKED WITH...	00000	00000	00000	00000	00000	00000	<input type="text"/>	1ST TALK x 2
...EXCHANGED INFO WITH...	00000	00000	00000	00000	00000	00000	<input type="text"/>	GOT INFO x 2
...PLANNED TO TALK AGAIN WITH...	00000	00000	00000	00000	00000	00000	<input type="text"/>	PLAN TALK AGAIN
...ACTUALLY FOLLOWED UP WITH...	00000	00000	00000	00000	00000	00000	<input type="text"/>	TALKED AGAIN x 5
...AM NOW COLLABORATING WITH...	00000	00000	00000	00000	00000	00000	<input type="text"/>	COLLABORATING x 10

**TOTAL POINTS**   
summation of number of people in category x point value

YOUR CONTACT NOTES

01 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?
02 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?
03 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?
04 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?
05 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?
06 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?
07 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?
08 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?
09 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?
10 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?
11 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?
12 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?
13 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?
14 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?
15 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?
16 NAME	MET WHERE?	EMAIL or PHONE	FOLLOWUP WITH WHAT? <input type="checkbox"/>	BY WHEN?