

THE CONCRETE GOALS TRACKER

Pursue tangible results to achieve your greater goals

I once read that effective executives focus only on tasks that move their company forward; everything else can wait! I made this worksheet to help develop that mindset. Fill in a bubble whenever you get something on the list done!

WORKSHEET CGT 02

CONCRETE GOALS TRACKER

When is something Worth Doing?

10
10
5
5
5
2
2
2
1
1

WEEK BEGINNING

MONTH and DAY

YEAR

2010

10x 5x 2x 1x = MONDAY

10x 5x 2x 1x = TUESDAY

10x 5x 2x 1x = WEDNESDAY

10x 5x 2x 1x = THURSDAY

10x 5x 2x 1x = FRIDAY

10x 5x 2x 1x = SATURDAY

10x 5x 2x 1x = SUNDAY

END OF WEEK TOTAL

MAINTAIN CONTINUITY NOTES HERE

WHAT ARE YOU DOING? WHAT HAVE YOU DONE?

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