

MAINTAIN MOMENTUM	JUST ASK	COMMIT
FOCUS	START ANYWHERE	SMALL STEPS

WEEK NUM	BEGINNING MONDAY	MONTH and DAY	YEAR	2010
10x	5x	2x	1x	= [] MONDAY
10x	5x	2x	1x	= [] TUESDAY
10x	5x	2x	1x	= [] WEDNESDAY
10x	5x	2x	1x	= [] THURSDAY
10x	5x	2x	1x	= [] FRIDAY
10x	5x	2x	1x	= [] SATURDAY
10x	5x	2x	1x	= [] SUNDAY
END OF WEEK				TOTAL POINTS
CONTINUITY NOTES HERE			WHAT ARE YOU DOING? WHAT HAVE YOU DONE?	

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Instructions
 Fill in a bubble whenever you get something on the list done! If it's not on the list, it doesn't count!
 Read more at davidseah.com/pceo/cgt

The Printable CEO
 I once read that effective executives focus only on tasks that move their company forward; everything else can wait! I made this worksheet to help develop that mindset for my freelance design business.

When is something Worth Doing?

- 10
- 10
- 5
- 5
- 5
- 2
- 2
- 2
- 1
- 1